

LIFE Meeting

Teamwork

September 13, 2017

1. Ice Breaker: Human Knot

2. Opening Prayer

Jamie

3. Large Group: Video and Personalities

Morgan

4. Small Groups

5. Large Group: Wrap Up

Graham

6. Closing Prayer

Maggie

- Next Meeting: October 11th: Anxiety
- Planning Meeting: September 20th
 - Sophia, Alex, Delaney, Maggie H.
- Hope Totes

Icebreaker: Human Knot

- Have a group of people stand in a circle facing inward
- Tell everyone to reach their right hand across the circle and grab someone else's hand and do the same for the left hand
- Now tell them to try to unknot themselves without letting go of each other's hands

Opening Prayer

Lean On Me by Bill Withers

<https://www.youtube.com/watch?v=MYI0AoXIOwE>

Sometimes in our lives we all have pain
We all have sorrow
But if we are wise
We know that there's always tomorrow

**Lean on me, when you're not strong
And I'll be your friend
I'll help you carry on
For it won't be long
'Til I'm gonna need
Somebody to lean on**

Please swallow your pride
If I have faith you need to borrow
For no one can fill those of your needs
That you won't let show
You just call on me brother, when you
need a hand
We all need somebody to lean on
I just might have a problem that you'll
understand
We all need somebody to lean on

You just call on me brother, when you
need a hand
We all need somebody to lean on
I just might have a problem that you'll
understand
We all need somebody to lean on
If there is a load you have to bear
That you can't carry
I'm right up the road
I'll share your load
If you just call me (call me)
If you need a friend (call me) call me uh
huh(call me) if you need a friend (call
me)

If you ever need a friend (call me)
Call me (call me) call me (call me) call
me
(Call me) call me (call me) if you need a
friend
(Call me) call me (call me) call me (call
me) call me (call me) call me (call me)

Teamwork is something all of us need in our lives. Many times we think that we can stand alone and we'll be alright. People prefer to be more independent than have to work together and rely on someone because it shows a sign of weakness. Throughout all of our lives we need to remember that we all need somebody to lean on. In Genesis 2:18 God says; ""It is not good that the man should be alone; I will make him a helper fit for him." No matter what anyone is going through in life we need to have someone to fall back on. Whether it is the God we pray to or the God we see in our peers; We will never succeed in life with the outlook of a one person show. Teamwork goes both ways. If you want someone to help you; you also need to be someone that another person will rely on. As we pray I invite you to close your eyes and really let God speak to you.

Dear God,

As we go through this meeting today please grant us the gift of teamwork. May we be respectful of each other and of ourselves. May we contribute in a way that will help the team flow smoothly. Help us to recognize everyone's strengths and weaknesses and work with them gracefully. May we act as one unit to achieve the same goal. Help us to collaborate and cooperate, not compete and complicate. And please help us to remember that there is no I in team, and make us work as we and not just me. As your people let us joyfully proclaim, may the Father, and the Son, and the Holy Spirit be glorified in all places through the Immaculate Virgin Mary. Amen

Large Group

Video on teamwork: <https://youtu.be/uJCJNadwzOw>

Transition from Video to Personality Test:

The cells in our body work like a team much like us as individuals work together as a team to achieve a goal. It is hard for one cell to do everything on their own, just the same as it is for us. We need each other. If someone on our team is having a hard time, we are able to get them back on their feet. If we were all created the same, it would be impossible to work as a team. This is why God made us each unique and why we have many different personalities. We are now going to take a personality test to see how different we are. Despite our differences, each one of us is an important and valuable member of our team. If we all work together, the entire system is healed.

PPT

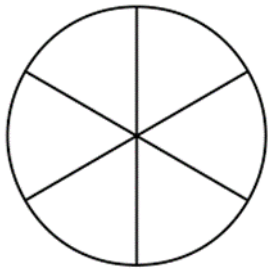
Transition into Small Groups:

As we head into small groups we ask you to keep an open mind as you try to understand the personality of not only yourself but others. We're not all the same, God wants us to be different and interesting because if we were all the same, the world would be boring. Each of us have something to give to the world, and you should be proud of what you can give and who you are. You are you for a reason. In small groups, please try your best to work with others, and understand that working together, is almost

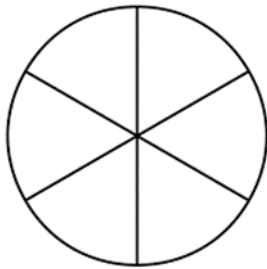
always better than working alone. Look at Jesus, without his apostles, we wouldn't even know his name. Remember, together we can do the impossible.



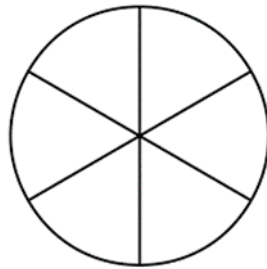
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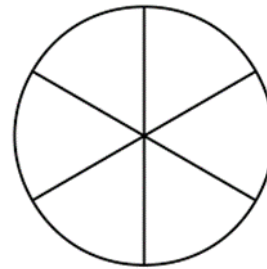
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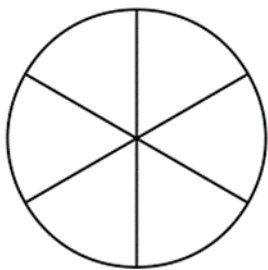
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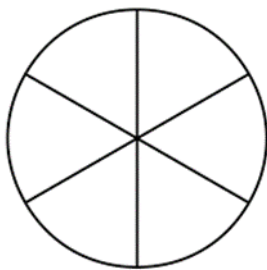
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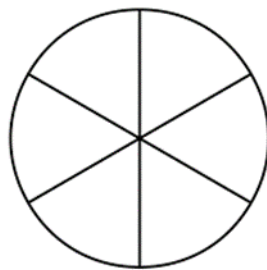
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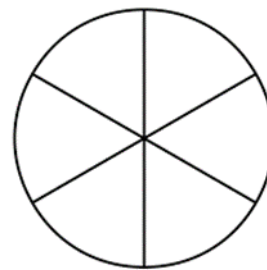
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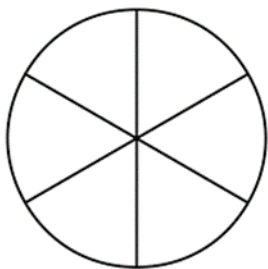
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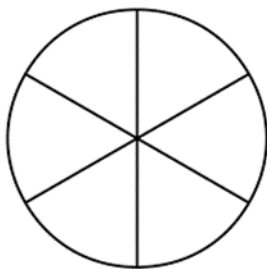
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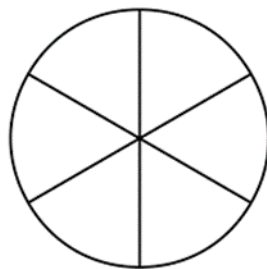
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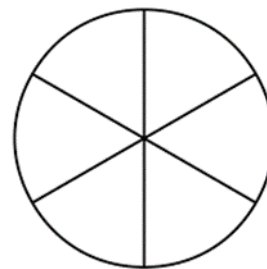
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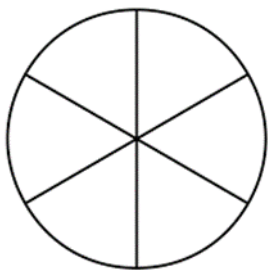
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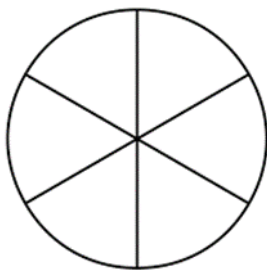
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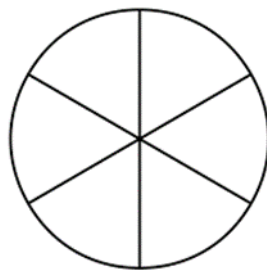
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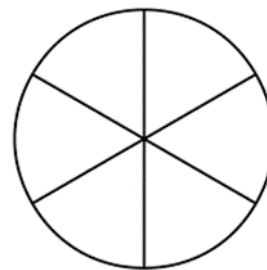
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Yellow



Blue



Small Group

Prayer

Ecclesiastes 4:9-12 - Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up. Also, if two lie down together, they will keep warm. But how can one keep warm alone? Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.

Let us pray... God, thank you for giving us each other and making us a team. Thank you for giving us the strength to both give and accept support from one another. Make us aware of opportunities to bless and encourage others. Help us to reflect your love in everything we say and do.

As your people let us joyfully proclaim, may the Father and the Son and the Holy Spirit be glorified in all places through the Immaculate Virgin Mary. Amen.

Explanation for different personalities

- Analytical (green)
 - Analytical personality type is very deep and thoughtful. They're serious and purposeful individuals. They set very high standards for themselves. Analyticals are orderly and organized. They also tend to have that really dry but witty sense of humor. Analytical strengths are that they are perfectionists. They want things done right and they want them done right the first time. They're neat and tidy individuals. Analyticals are self-disciplined. Analyticals weaknesses are that they can be moody, critical, and negative. Analyticals have a hard time making decisions and they overthink everything. Their perfectionism can also be a weakness at times.
- Driver (red)
 - Drivers have a lot of confidence and naturally take leadership positions. Drivers are great with the big picture—they're visionaries and they see how we're going to get to where we need to go, but they're not always great at taking the steps needed to get there. They do not plan out the details. You can probably see how an analytical and a driver might not work very well together – but also that their skills can nicely complement each other. It can be said that if you want to get to the moon you hire a driver, but if you want to get back you hire an analytical. Drivers' strengths are that they are very determined individuals. They are independent and they are productive. Drivers get a lot of things done. They are very decisive. A driver would rather make a bad decision than no decision. They just want that decision to be made. On the weak side, the driver can be insensitive, harsh, proud, and sarcastic. Drivers do not like to admit when they are wrong. They can also rush to a decision without thoroughly thinking through or understanding the results or consequences of their decision.
- Amiable (yellow)
 - The amiable personality type is a very patient and well-balanced individual. They're quiet but witty. They're very kind and amiables do not like to offend people. An amiable is easy going and everybody likes the amiables. You know why? Because they don't like conflict so they're very easy to get along with.

They're very calm. But on the weak side, amiables can be stubborn and selfish. Their avoidance of conflict can also manifest as a weakness.

- Expressive (blue)
 - The expressive love to have fun. They are individuals who turn disaster into humor, they prevent dull moments, and they are very generous people. They want to be included. Expressives want to be included in projects. They want to be included on teams. They want to be included in conversations. On the strong side, the expressive is very outgoing. They are ambitious, charismatic, and persuasive. On the weak side, they can be disorganized, undisciplined, loud, and incredibly talkative. Expressives can talk up to 200 words a minute with gusts up to 300. They can talk.

Activity

Marshmallow tower

- Objective: to build the best tower using only marshmallows and toothpicks (the tower also has to be free standing)
- Handicaps: blind, can't talk, can't use their hands, can only touch marshmallows, can only touch toothpicks, can only use left hand

Questions

1. Do you agree with your personality test results? Why or why not?
2. Why do you think God made us all have different personalities?
3. Do you think the way you worship God correlates with your personality?
4. Do you think it's hard or easy to have faith because of your personality? Why or why not?
5. What is a way you think you could better your relationship with God (in a way that helps your personality)?
6. Do you feel you work better alone or with a group? Why or why not?
7. Do you think it is better to talk or think about God alone or with others? Why or why not?
8. To you, what are some good or bad qualities of a team?
9. What are some good and bad experiences you have with working with others? Our peers?
10. Do you think it is better to work with people of the same personality type or different types? Explain.
11. Where is it easiest to work as a team? Where is it hardest?
12. Think of a time when a team didn't work out well. Why do you think this happened?
13. What were the challenges during the marshmallow tower?
14. What are some strengths and weaknesses that come along with your personality?

Large Group Wrap Up

Throughout this meeting, we've tried to discover what kind of people we are. We've learned that we are all unique and special in our own way. God created us in His image, and as we've been grouped together with others similar and different than us, we've learned that no two people are the same. We've learned that working together, we can accomplish so much. I hope through your time here, you have learned not only what kind of person you are, but also what gifts and talents you have. You have every reason to be happy with who you are.

Closing Prayer

Stand By Me by Ben E. King

<https://www.youtube.com/watch?v=BTCfQ6Bb8QE>

When the night has come

And the land is dark

And the moon is the only light we'll see

No, I won't be afraid

Oh, I won't be afraid

Just as long as you stand

Stand by me

So darlin', darlin'

Stand by me, oh, stand by me

Oh, stand, stand by me

Stand by me

If the sky that we look upon

Should tumble and fall

Or the mountain should crumble to the
sea

I won't cry, I won't cry

No, I won't shed a tear

Just as long as you stand

Stand by me

And darlin', darlin'

Stand by me, oh, stand by me

Oh, stand now, stand by me

Stand by me

Darlin', darlin'

Stand by me, oh, stand by me

Oh, stand now, stand by me

Stand by me

Whenever you're in trouble, won't you
stand by me?

Oh, stand by me

Won't you stand now?

Oh, stand, stand by me

When all of our friends is gone

In this song it states that when the night has come and the land is dark he won't be afraid. The night to me and the darkness across the land can be used to represent the dark times in our lives when we feel helpless and alone. However in the song he also states that he will not be afraid. We can take this with a spiritual meaning as in God stands by us and if remember that God is always we will feel a great feeling of companionship and will never feel afraid. Or we can take this song literally and realize that with the people around us we should never feel afraid for the people around us who care about us are always standing by us. If we stand by others and are there for others they will be there for us. God is working through the people around us and is always standing by our side. God made each of us with different personalities, ways of thinking, and talents for a reason. God wanted all of us to celebrate our differences. God made us all unique and the only way to truly succeed is to work together as one whole. We are all part of God's creation and were created work as one Body of Christ. Teamwork really makes the Dream work! As your people let us joyfully proclaim, may the Father and the Son and the Holy Spirit be glorified in all places through the Immaculate Virgin Mary Amen.