

For several years MEEC has offered mini-retreats that celebrate the changing seasons. In the heart of our winter experience, and to help us to prepare for Lent and the new season of spring, we offer an afternoon to reflect on the wisdom gained from this transition. Enter into the process of reflection and choose from outdoor and indoor options, more personal reflection time or group sharing. Day includes refreshment breaks and resources to support ongoing prayer and empower action for sustainable living. People from all spiritual traditions are welcome and resources can be used for individual prayer, small groups and environmental care teams.

Keynote: Patterns and Rhythms to Wholeness Carol Jackson

In our consumeristic fast-paced society, we are challenged to restore a healthy balance in our relationship with the material world and the elements of our spiritual being. How do we integrate the experience of our everyday life into the greater call to sustainable living and an interconnectedness with all? Using the life of Jesus and other wisdom figures as examples, we'll explore our 'temptations' and the pathway to reconciliation by paying attention to our desires, the power of our intellect and the call to surrender and purification. What do we each need to affirm and deny? Through input and quiet reflection, we'll explore a multi-element process and integration of the Trinity and life's rhythms as a model for our journey to wholeness.

Cover image: *Mount St. John Trail In January*
By Bro. Charles Wanda SM

For directions and a map of the property, visit <https://meec.center> and select "visit" from the top banner. Follow signs for Lot C.

SCHEDULE

11:45 Registration opens in Sieben Hall

Noon Welcome and Opening Prayer

12:20 Keynote and Reflection: *Carol Jackson*
See description to the left

1:30 - 2:30 Workshop Session A

Integrating the Patterns and Rhythms in Our Lives: *Carol Jackson and Sr. Leanne Jablonski FMI, MEEC Director.*

Apply insights from the keynote to your own life experiences and relationships with self and all in our natural world. Through a guided reflection process that includes quiet, small group sharing and the options of reflective journaling, collage imagery or contemplative time outdoors, you will discover guidance for your journey through Lent into springtime and in living an integral ecology.

Refreshment Break

3:00-4:20 Workshop Session B (Choose one)

B1: Trinity Icon—An Invitation to Right Relationships: *Bro. M Gary Marcinowski SM*

Icons are a doorway to the divine and an aid to transformation. Discover the prayerful process artists use in painting icons, including color and nature symbols in Russian iconography. We'll focus on the meaning in Rublev's 15th century Trinity Icon - an embodiment of spiritual unity, peace, harmony, mutual love and humility. Input will be followed by time for quiet reflection and meditation with the image and sharing of applications to environmental sustainability.

B2: Guided Winter Nature Walk: *Peter Evans and MEEC Staff*

Enjoy a gentle nature hike through the woods and prairie of the Marianist Nature Preserve at Mount St John to encounter nature's quiet season and discover winter tree identification.

4:30 Evaluation & Closing Reflection/Prayer

Winter Retreat 2018

Journeying to Wisdom

Name: _____

Address: _____

Phone: _____

Email: _____

Registration (*Includes snack breaks and resources*)

- ☐ \$30 Regular registration
- ☐ \$20 Friends of MEEC, student, senior
UD students inquire about scholarships

Become a Friend of MEEC:

- ☐ \$35 (Individual)
- ☐ \$50 (Family)
- ☐ \$15 (Low income, senior, student)
- ☐ Other \$ _____

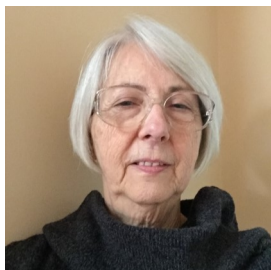
Donations are tax-deductible. Friends of MEEC receive reciprocal membership benefits (free admission and discounts) at more than 180 nature centers throughout North America through the Association of Nature Center Administrators.

**TOTAL: \$ _____ Checks only,
payable to MEEC.**

**Return checks and registration
by February 8th to:**

Marianist Environmental Education Center
St. Joseph Hall, Mount St. John
4435 E. Patterson Road, Dayton OH 45430

Questions? Contact us at 937/429-3582 or
info@meec.center <https://meec.center>



Carol Jackson MSW, LISW a retired social worker who worked in community mental health and addiction recovery. She is a certified enneagram teacher and coach in the narrative tradition and also certified as a spiritual director from the ecumenical Sycamore spirituality center. A Dayton native and now great-grandmother, she's been active in church and lay spirituality programs including at Bergamo Center for over 50 years.



Bro. M. Gary Marcinowski SM is a Marianist brother and Professor Emeritus of Art and Design, recently retired from UD. Gary holds a BFA from Boston U and an MFA from Rhode Island School

of Design. Over the past 40 years, he has created liturgical furnishings, paintings and wood sculptures from his Mount St. John studio. At UD, his furnishings and design influences are in the main and several other chapels and the Martin Luther King memorial. His quests into his heritage and the icon art form have led Gary to icon-painting retreats and tours of Russian churches and icons.



Trinity—Andrei Rublev



Peter Evans is a MEEC intern serving with the Marianist PULSE (Partners in Urban Leadership, Service & Education) year of service. He's a 2017 UD grad with a Biology major and Religious Studies minor. Peter first began

volunteering at MEEC in 7th grade. He leads land service volunteers and assists in land stewardship, UD and community partner outreach, and spirituality programs.

Restoring Communities of Land & People

The Marianist Environmental Education Center (MEEC) is an environmental education community in the Catholic tradition. In Mary's hope-filled spirit, we preserve and act in communion with the land and educate other communities in sustainability through ecology-based simple living, social justice and spirituality. All traditions are welcome.

MEEC stewards 100-acres of natural areas at Mount St. John including the Marianist Nature Preserve and Bro. Don Geiger SM Prairie. The property was named an Ohio Natural Landmark by the Ohio Department of Natural Resources and is a Groundwater Guardian Green Site. The property features two miles of trails that wind through oak-hickory woodlands, natural and created wetlands, old-field succession meadows and Eastern tallgrass prairie ecosystems.



Marianist Environmental Education Center

St. Joseph Hall, Mount St. John
4435 E. Patterson Road
Dayton, OH 45430-1095
<https://meec.center>
937/429-3582



Connect with Hanley Sustainability Institute

<https://www.udayton.edu/artssciences/ctr/hsi/>

***Wisdom is precisely this: to see
the world,... problems, everything
through God's eyes.***

- Pope Francis

Journeying to Wisdom A Winter Retreat

**Saturday, February 10, 2018
QAC Community Center,
Sieben Hall, Mount St. John**

Hosted by the Marianist Environmental Education Center
Co-sponsored by the Hanley Sustainability Institute
at the University of Dayton

