

# **LIFE Meeting Island of Misfits December 9, 2015**

- 1. Icebreaker: Musical Chair**
- 2. Opening Prayer and Explanation**  
**Natalie**
- 3. Icebreaker: Musical Chairs**
- 4. Large Group**  
**Anna**
- 5. Small Group**
- 6. Large Group**  
**Sam**
- 7. Small Group**
- 8. Closing Prayer**  
**Grant**

- **Next Meeting: January 13<sup>th</sup>**
- **Christmas with the Cougars December 13<sup>th</sup>**
- **Planning Meeting December 16<sup>th</sup>**
- **Sign up if you want to do something at a meeting or mass**

## Opening Prayer

Outcast by Glee

<https://www.youtube.com/watch?v=HDUG-R6WaSM>

Who's to say, who's not okay  
The breakaways, will outlast, will outlast  
Sticks and stones, won't break these  
bones  
They're just some drones,  
To get past, I'll get past

Feeling downcast, like an outcast  
Underdogs, it's time to bite back

We are, we are, we are, we are  
Stronger from every scar, scar  
Brighter than any star, star  
We're the outcast, outcast

There's nothing you can say  
To blow our dreams away  
We rise above the fray  
We're the outcast, outcast

In this skin, I'm better than  
I've ever been, so take that, yeah, take  
that  
The test of time will show who shines  
It will be mine  
Yeah, the last laugh, the last laugh

Feeling downcast, like an outcast  
Underdogs, it's time to bite back  
We are, we are, we are, we are  
Stronger from every scar, scar  
Brighter than any star, star  
We're the outcast, outcast

There's nothing you can say  
To blow our dreams away  
We rise above the fray  
We're the outcast, outcast

I'd rather be outrageous than  
Just another door pushing again  
I'd rather be a rainbow than  
Just some shade of grey

Feeling downcast, like an outcast  
Underdogs, it's time to bite back

We are, we are, we are, we are

Stronger from every scar, scar  
Brighter than any star, star  
We're the outcast, outcast

There's nothing you can say  
To blow our dreams away  
We rise above the fray  
We're the outcast, outcast

**Reflection**

I chose this song because everyone feels left out sometimes, and high school is an especially hard time and everyone is just trying to find their place and find their group of friends. It may seem like you're the only one, but almost everyone feels lost at some point, and we all need to rise above it and accept ourselves for who we are, because we can't all be the same. Everyone has differences and that's what makes us who we are. In the song it says, "I'd rather be a rainbow than just some shade of grey," and I like that quote because it's just telling us that we need to be ourselves instead of trying so hard to fit in and be someone that we know that we're not. We need to learn to love ourselves for who we are instead of caring so much about what others think.

## Large Group

Clip From Rudolph  
Alone/feel like a misfit

- Hermie and Rudolph feel like misfits 7:40-10:38

### **Anna's Reflection**

Just like Hermie, everyone has times where they feel they don't belong and everyone else around them is fitting in just fine. Truth is, they probably feel just like you but are trying to blend in the crowd as well. In and out of school, I have encountered times where I have completely different interests than the people I hang out with. Activities I'm in are quite opposites, so sometimes I talk about topics and people don't really get what I'm saying. (cheer and LIFE and drama) And when we think these interests are typical, but realize your peers don't have those interests in common, it can be embarrassing. But like Rudolph, we are all unique. Society tells us to blend in and hide our unique features. We are all misfits in different ways. No one is the same and if we all were, life would be boring. But then someone comes along and tells us that our uniqueness brings something to the table. We all have hidden God-given talents. God made us all how we are for a reason. Rudolph's nose was different than everyone's but he actually has a very important job for it. We all can use our "red noses" or differences like Rudolph to benefit those around us. Embrace your flaws.

Announce small groups, play clip and head straight to small groups.

<https://www.youtube.com/watch?v=R2rg53E-vEc> 32:52 – 34:10

## Small Group

Prayer

Hold hands and interlock fingers so that all the weaknesses in the group are covered by each other's strengths.

A reading from the book of Ecclesiastes, "Two are better than one because they have a good return for their labor. For if either of them falls, the one will lift up his companion. But woe to the one who falls when there is not another to lift him up. Furthermore, if two lie down together they keep warm, but how can one be warm alone? And if one can overpower him who is alone, two can resist him."

God tells us through this scripture that we have strength in numbers and although we may be weak alone, we are strong when we stand together. Rudolf and his friends on the Island of Misfit toys stand together and help each other feel wanted and special. This is something that we too should do because we can all feel like misfits but being with others you care for lifts you up and makes you feel less secluded.

(Open for discussion) – talk about the video and how King Moonraker brings all the misfit toys together so they can be happy with each other

Questions:

1. Do you ever feel as if you are a misfit? Why?
2. Do you think it is a common feeling among people to feel like a misfit? Can feeling like a misfit be a good thing?

3. Do you feel like you have your own "Island of Misfits" whether it is a friend group or club or team? Explain
4. Do you feel people who are "misfits" for the same reason as you can often make you feel more yourself?
5. Do you believe that we have strength in numbers no matter what aspect of our lives it is? Why?
6. Do you believe that difficult times are easier to get through with the help of others? Why?
7. (you can always ask if anyone has questions)

### **Large Group**

Don't belong on island because you can't run away from problems 34:10-35:14

#### **Sam's Witness talk**

Intro

8<sup>th</sup> grade year

27 kids → 7 Papillion 1 Duchesne Rest came here

Knew people coming into Gross

½ the Freshmen Class

"Fresh Start"

Freshmen friends will change

First day → movie scene

Wanted to make new friends but was scared

Sat with SBS friends

- 2 tables
- Diverse
- Didn't really hang out together, hung out 2/3 people
- Trouble agreeing on things and had way different views

Went through many friend groups

- Sat with different people at lunch for about a week

Still couldn't find anyone I fit in with

- Best friend didn't have the same lunch as me
- No classes
- We were always busy → couldn't hang out

Meghan Main at DASH → loved it

Thought about transferring

- DASH, A'17

Kept wandering

Matzen Theology

- Sarah came in for LIFE

Not a strong catholic

Decided to go to life

- Can't say you don't like something if you don't try it
- Thought was going to be boring
- Went to the September meeting
  - o Different "vibe" than at school
  - o Felt accepted although I didn't know anyone even the upperclassmen
  - o Deepest human desire → to belong
  - o Ms. Monzingo's talk
- Didn't go to many life meetings as I wish I did
  - o Didn't know if was going to transfer or not
  - o Didn't want to become attached to something that I knew I was going to miss
  - o Went to a some LIFE meetings 1&2<sup>nd</sup> year
- Decided not to transfer because I wanted to go to LIFE meetings and enjoy it
  - o Helped me with my faith
  - o Didn't think it would impact my life as it has
  - o Happy I went to the first meeting freshmen year
  - o Thinking about applying to be a Core Member

Show the video from the movie (42:27-43:54)

Link: <https://www.youtube.com/watch?v=R2rg53E-vEc>

### **Reflection:**

Everyone has a place in this world. No one should never feel left out. God has put you here for a reason, we just need to learn how to accept ourselves and learn to accept who we are.

### **Small Group**

Talk about video and Sam's talk in small groups if anyone has anything else to add

Affirmation Board

An affirmation board is one word that describes a person. One person sits with the board to their back and then everyone writes on word to describe them. The person with the back to the board can't see what everyone's writing until everybody's done and then they described why they chose the word they did.

When doing the affirmation boards try to steer clear of physical traits...so pretty eyes, tall... Try to say more about what is on the inside of the person. Also try to use more descriptive words than, "She is nice" "She is funny" It will mean more to them when you use words that are exactly what you want to say. Instead of using "nice" use "amiable"

## Closing Prayer

Firework by Katy Perry

<https://www.youtube.com/watch?v=m2uS3dtgdNo>

Do you ever feel like a plastic bag  
Drifting through the wind, wanting to start  
again?  
Do you ever feel, feel so paper thin  
Like a house of cards, one blow from caving  
in?

Do you ever feel already buried deep six  
feet under?  
Screams but no one seems to hear a thing  
Do you know that there's still a chance for  
you  
'Cause there's a spark in you?

You just gotta ignite the light and let it shine  
Just own the night like the 4th of July

'Cause, baby, you're a firework  
Come on, show 'em what you're worth  
Make 'em go, "Aah, aah, aah"  
As you shoot across the sky-y-y

Baby, you're a firework  
Come on, let your colours burst  
Make 'em go, "Aah, aah, aah"  
You're gonna leave 'em all in awe, awe,  
awe

You don't have to feel like a wasted space  
You're original, cannot be replaced  
If you only knew what the future holds  
After a hurricane comes a rainbow

Maybe a reason why all the doors are  
closed  
So you could open one that leads you to  
the perfect road  
Like a lightning bolt, your heart will glow  
And when it's time you'll know

You just gotta ignite the light and let it shine  
Just own the night like the 4th of July

'Cause, baby, you're a firework  
Come on, show 'em what you're worth  
Make 'em go, "Aah, aah, aah"  
As you shoot across the sky-y-y

Baby, you're a firework

Come on, let your colours burst  
Make 'em go, "Aah, aah, aah"  
You're gonna leave 'em all in awe, awe,  
awe

Boom, boom, boom  
Even brighter than the moon, moon, moon  
It's always been inside of you, you, you  
And now it's time to let it through-ough-ough

'Cause, baby, you're a firework  
Come on, show 'em what you're worth  
Make 'em go, "Aah, aah, aah"  
As you shoot across the sky-y-y

Baby, you're a firework  
Come on, let your colours burst  
Make 'em go, "Aah, aah, aah"  
You're gonna leave 'em all in awe, awe,  
awe

Boom, boom, boom  
Even brighter than the moon, moon, moon  
Boom, boom, boom  
Even brighter than the moon, moon, moon

I hope that after tonight everyone here realizes that we all possess unique qualities that separate us from everyone else. Most importantly, I hope that after tonight we all learn to embrace these qualities and realize that they make us who we are. God created all of us in His likeness and image and the sooner we learn to love our true selves the sooner we will be able to grow closer to God. Just like Katy Perry says, "You're a firework" and "let your colors burst." The more you express yourself and put yourself out there the happier you will find yourself. Thank you for coming tonight and have a Merry Christmas! In His name we pray, May the Father, and the Son and the Holy Spirit. Amen.