

Gross Catholic Pride August 28, 2013

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Meeting Intro: Tonight meeting is about School Pride. Here at Gross we are a Cougar Family. One of the biggest ways that we show it is when we are all gathered in one place and are all focused and excited about the same thing.

Opening Prayer

Prayer: Loving God, inspire us with courage and hope as we embark on this New Year. May our lives throughout the coming months be an example of your love in our relationships with family, with friends and with those we meet in our work. Bless us with fruitful opportunities this year, grant us the wisdom to grasp them and the resources to realize them.

Reflection: As we start this new school year, there are many things we have to look forward to. For Seniors, we get to look forward to the year where we can give guidance and look forward to our future. Juniors get to look forward to becoming upper classmen and taking on new challenges. Sophomores are no longer the newbies so they can now feel more confident in finding themselves and setting goals. And freshman just started a whole new chapter in their life, filled with much to come. We grant Lord that whatever chapter that we are in our life that you give us the strength to make the right choice and the courage to be our self though it all.

Icebreakers

Mail Call: All students sitting in a big circle in chairs. One student is in the middle. They introduce themselves and give one fun fact about themselves. Then they say, "I have mail for anyone..." and they pick something for example wearing shorts. Then all people who are wearing shorts must move at least 3 chairs away from where they are currently sitting. The last person will not have a chair and they then introduce themselves and they have mail for a group of people.

Body Part Tag: Play music. Inner circle and outer circle rotate in opposite directions. When the music stops the partners find each other and they must touch the body part called out.

Head to hand

Elbow to knee

Wrist to ankle

Head to back

Hip to hip

Chin to shoulder

Elbow-pit to knee-pit

Foot to shin

Pinky finger to pinky toe

Ear to foot

Knee-pit to fist

Cheek to cheek

Heel to toe

Neck to bicep

Foot to thigh

Elbow pit to elbow pit

Shoulder blade to

shoulder blade

Finger to nose

Phalanges to metatarsals
(fingers to toes)

Ear to spine

Fingernail to fingernail

Nose to armpit

Fibula to Radius (shin to
forearm)

First Small Group

Celebrity Name Game

Have a bunch of names that people will know. There are three rounds in this game. Split into two teams.

Round One: The first person pulls out a name and tries to get their team to guess the name on the sheet. Once they get it, the same person continues to pull names until a minute is up. Keep track of the number of people that each team guesses correctly. Then the opposite team goes for a minute. This continues until all the names have been used.

Round Two: Put all names back in. One person draws a name and tries to get their group to guess the name by only saying **TWO** words. Once they get it, the same person continues to pull names until a minute is up. Then the opposite team goes for a minute. This continues until all the names have been used.

Round Three: Put all names back in. One person draws a name and tries to get their group to guess the name using NO words, only gestures. Once they get it, the same person continues to pull names until a minute is up. Then the opposite team goes for a minute. This continues until all the names have been used.

Guidelines for LIFE

We will be making a big list when we get back in the large group. Everyone should have two ideas each that they think will be good rules to make the group work effectively. Write it down on a piece of computer paper and we will make one big poster back in the room.

Large Group

- Write Down Guidelines for LIFE on big paper
- Skits
- Back in the Old Days PPT
- Thoughts from Mods
- Discussion on Family Spirit

Skits

Good and Bad Scenarios of Sporting Events

Skit One: Going Along with the Cheers

Hannah & Sarah- Cheerleaders

John- Gross Catholic Basketball player

Joe McCoy- Opposing Team

Everyone else: Crowd

Props: John have some sort of Gross Catholic Label, Joe have some sort of Opposing Team label.

SCENE:

(An intense match between John (Gross Catholic Player) and Joe (Opposing Team Player) John is going for the basket, while Joe is trying to block him. All of a sudden, John makes the basket; Crowd goes wild! Hannah and Sarah lead a cheer and the whole crowd joins in)

Was this a Good or Bad Scenario & Why?

Skit Two: Air Ball

Same Characters as last time

SCENE:

(John and Joe are back at it again, this time Joe has the ball. Joe shoots the ball, and misses...air ball. Crowd starts chanting: "Air Ball, Air Ball, Air Ball")

Was this a Good or Bad Scenario & Why?

Skit Three: BOOOOOOO!

Victoria: Game Announcer

Everyone else: Crowd

SCENE:

Joe pushes John as John goes up for a layup. The ref (Victoria) calls a foul on John.

Crowd: BOOOOOO!! What is this?! Bad Call! PUSH-IT, PUSH-IT!

Was this a Good or Bad Scenario & Why?

Skit Four: Spirit Fingers

John- Shooting a free throw

All boys blocking

Everyone else crowd

SCENE:

John is shooting a free throw while everyone else in the crowd is doing spirit fingers for him. John makes it and the crowd cheers!

Was this a Good or Bad Scenario & Why?

Skit Five: Not Paying Attention

SCENE:

The boys are playing some serious basketball while the crowd is just sitting down, not supporting the team, texting, talking about random things, etc.

Was this a Good or Bad Scenario & Why?

Second Small Group

Scripture

Hold hands and interlock fingers so that all the weaknesses in the group are covered by each other's strengths.

Psalm 98:4-6

"Shout with joy to the LORD, all the earth; break into song; sing praise. Sing praise to the LORD with the lyre, with the lyre and melodious song. With trumpets and the sound of the horn shout with joy to the King, the LORD."

Reflection

In this psalm we are told to "shout with joy to the Lord". Being enthusiastic in our faith is also reflected in our everyday lives. If we put effort and thought into everything we do, we get more out of life. We should think of this when we are at school events, the more we put in, the more we get out. We will be rewarded in the end when we've displayed great faith and eagerness in everything we do.

Name Game

Have everyone go around the circle and say their name and one thing that they like. The person next to them introduces the first person and what they like then they say their name and something they like. The third person repeats person 1 and 2 and then says their name. Continue until all have gone and the last person has to say everyone in the group.

Questions

1. What are your thoughts about what was talked about in the large group?
2. Do you think that school spirit matters? Why or why not?
3. What are you excited for this year?
4. What are things that you as an individual can do to increase school spirit?

Freddie Signs

Everyone gets a couple of signs with Freddie's head on it along with a some of speech bubbles. Whatever your category decide what Freddie would have to say about that topic. Keep in mind that the topic of our meeting is Gross Catholic Pride/School Spirit.

Large Group Share

Closing Prayer

**We're All In This Together
High School Musical Cast**

<http://www.youtube.com/watch?v=0rOHPcvCShA>

Together, together, together everyone
Together, together, come on let's have some
fun
Together, we're there for each other every
time
Together, together, come on let's do this right
Here and now it's time for celebration

I finally figured it out, yeah, yeah
That all our dreams have no limitations
That's what it's all about

Everyone is special in their own way
We make each other strong, we make each
other strong
We're not the same

We're different in a good way
Together's where we belong

We're all in this together
Once we know
That we are
We're all stars
And we see that

We're all in this together
And it shows
When we stand
Hand in hand
Make our dreams come true

Together, together, together everyone
Together, together, come on let's have some
fun
Together, we're there for each other every
time
Together, together, come on let's do this right

We're all here
And speaking out with one voice
We're going to rock the house
The party's on, now everybody make some
noise
Come on, scream and shout

We've arrived because we stuck together
Champions one and all

We're all in this together
Once we know
That we are
We're all stars
And we see that

We're all in this together
And it shows
When we stand
Hand in hand
Make our dreams come

We're all in this together
When we reach
We can fly
Know inside
We can make it

We're all in this together
Once we see

There's a chance
That we have
And we take it

Wild cats sing along
Yeah, you really got it goin' on
Wild cats in the house
Everybody say it now

Wild cats everywhere
Wave your hands up in the air
That's the way we do it
Let's get to it
Time to show the world

We're all in this together
Once we know
That we are
We're all stars
And we see that

We're all in this together
And it shows
When we stand
Hand in hand
Make our dreams come true

We're all in this together
When we reach
We can fly
Know inside
We can make it

We're all in this together
Once we see
There's a chance
That we have
And we take it

Wild cats everywhere
Wave your hands up in the air
That's the way we do it
Let's get to it
Come on everyone!

Granted this song is from High School Musical, it has a very strong message. It says that we always have each other's backs no matter what happens in our lives, whether it is good or bad. The song keeps repeating together, together. A word showing us we are not alone, we always will have family, whether it is our biological family, friend family but most importantly for us, we will always have our cougar family. We will always be here to catch you when you fall and praise you when you succeed. We truly are all in this together.

Cougar Questions

1. Why are there small lockers on the freshman and sophomore side of the halls and big lockers on the junior and senior side?
The hallways used to be separated by girls and boys. Girls typically wore long coats, so there are longer lockers in the girls hallways.
2. How many faculty and staff graduated from Gross?
16
3. What is the name of our school mascot?
Freddy Cougar
4. What was another choice for our mascot?
Griffin or Gorilla
5. Who was the first president?
Brother Leo
6. Who is Daniel J. Gross?
An attorney from Omaha whose wife donated money to Gross Catholic
7. Why are they called Ortman Scholars?
Louise Ortman the wife of Daniel J. Gross, donated money to Gross
8. Who wrote the Cougar Fight song?
Beckie Cleavland—first band director
9. What is the name of all the little rooms upstairs by the development office?
Brothers Quarters
10. What used to be located where the wrestling room and art room currently are?
Industrial Technology and Art
11. What teacher has worked here the longest?
Mr. Hamersky for 35 years
12. What two people chose the school colors?
Brother Leo and Stan Macitis
13. Who are our Founders of the Marianist?
William Joseph Chaminade, Marie Therese Charlotte de Lamourous, and Adele de Bratz de Trenquelleon
14. What does LIFE stand for?
Living In Faith Experience
15. How many Marianist Universities are there?
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