

## **Marianist Faith Sharing** **Serenity, Courage, Wisdom---Preparing for Lent**

❖ **Check-in:** Highs and Lows since the last meeting.

❖ **Call to Prayer**

**Leader:** Let us pray together the Serenity Prayer...

**All:** God, grant me the Serenity to accept the things I cannot change  
Courage to change the things I can, and the Wisdom to know the difference.

Living one day at a time; Enjoying one moment at a time; Accepting hardship as the pathway to peace.  
Taking, as He did, this sinful world as it is, not as I would have it.  
Trusting that He will make all things right if I surrender to His Will;  
That I may be happy in this life, and supremely happy with Him forever in the next. Amen

❖ **Reflection:**

**Leader:** Next week we will celebrate Ash Wednesday and begin the season of Lent...a time to look at our lives and to challenge ourselves to pray more, give more...let us use the words of the Serenity Prayer to prepare ourselves for Lent.

**Reader 1:** God, grant me the Serenity to accept the things I cannot change  
Courage to change the things I can, and the Wisdom to know the difference

*Pause for a moment of silence*

**Reader 2:** Living one day at a time; Enjoying one moment at a time; Accepting hardship as the pathway to peace

*Pause for a moment of silence*

**Reader 3:** Taking, as He did, this sinful world as it is, not as I would have it.

Trusting that He will make all things right if I surrender to His Will;

*Pause for a moment of silence*

**Reader 4:** That I may be happy in this life, and supremely happy with Him forever in the next. Amen

*Pause for a moment of silence*

**Leader:** Let us take a moment to reflect on the questions and share when ready.

❖ **Questions and Sharing**

1. What words or images come to mind when you hear the Serenity Prayer---what is comforting, what is challenging, which words speak to you today, who in your life has been a model of living out this prayer?
2. What are the things in your life that give you serenity(a sense of peace and security)
3. What do you feel you can not change in your life? Do you have a hard time accepting this?
4. What in your life do you feel you can change but don't have the courage to?
5. As you prepare for Lent this year, which do you need more of---Serenity, Courage or Wisdom?
6. What does "Living one day at a time" mean to you?

❖ **Petitions/Our Father/Sign of Peace:**

**Leader:** What do we need to pray about...please voice your intentions...

Let us gather our prayers together as we pray with the word Jesus taught us....Our Father...

As we end our time of prayer together let us offer each other a sign of peace...