



O Outreach & R Reflection

Online Retreat Launched to Fit Even the Busiest of Schedules

by Marissa McCray

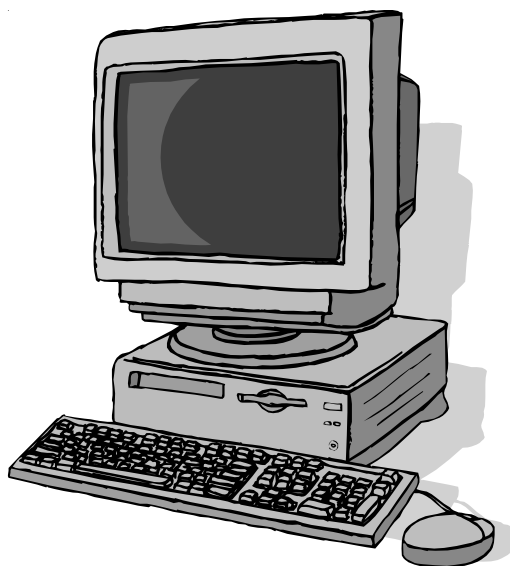
Busy has become second nature to most folks in today's fast-paced world of never ending work, family obligations and extracurricular commitments. Many yearn and need time alone to collect inner thoughts, reconnect with God and appreciate the gifts given each day.

Bergamo has designed a retreat intended to satisfy that yearn of time alone to fit into even the busiest of schedules. Our new online retreat requires just one hour a day for five days and is done completely in the privacy of your home. Participants make the retreat online through a series of reflective exercises, thought provoking questions and prayers. The retreat week is themed and designed to help busy people make a concerted effort to deepen their spirituality and closeness to God without even leaving home!

The online retreats begin Mondays and conclude Fridays. Retreat content is emailed daily to participants for five consecutive days. Each day, a new set of exercises and reflection questions is sent. At any time throughout the retreat, participants may correspond through email with the retreat writer or the Bergamo program

director with any questions, clarification or additional guidance.

The first online retreat is titled "Gospel Ponderings," and is scheduled for release, February 21-25, 2005. Written by Bro. John Lemker, SM, the retreat will focus on several thought



provoking passages throughout the Gospels that will engage the mind into deeper spiritual thought. Registration is required to participate and the cost is a donation of \$15. Registration deadline is February 14th, 2005. Retreat fee is non-refundable. Participants

must be willing to designate one hour of quiet, uninterrupted time for five days, must have a computer with email and internet access, a journal or writing paper and a bible. After registration and the donation are received, participants will have a link forwarded to their email address with the retreat content and instruction to begin.

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Winter

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From the Director's Desk by Dick Flack

Bergamo Center recently underwent an extensive operational review by five MBA students of the University of Dayton Management and Marketing Department. The review was an integral part of their capstone course needed for graduation. The project goal was to identify and recommend improvements to Bergamo Center's position in the Dayton area over the next five years.

The student team made recommendations for increasing future use of the facility and to develop a long-range strategic plan. Additionally, the team suggested ways for Bergamo to better position itself in the retreat and conference arena

in order to continue its goal of self-sustaining growth. One key element the students discovered during the course project was that Bergamo has a strong and loyal customer base.

The project proved most valuable with many recommendations already set in place for implementation.

Our many thanks to the University of Dayton student representatives: Paul Brockhurst, Heather Holman, Patrick Luckett, Jennifer Michel and Shannon Stapleton. We wish these students the best in their future endeavors. They have proven themselves to be the professional they are.

Gallery Saint John Exhibit Schedule 2005

February 9-March 23

Joe Barrish, SM and McCullough Show
Paintings, Photographs in a New Dimension

March 27-May 1

Marianist Environmental Education Center Show
Celebrating Spring on Mount Saint John

May 26-June 30

Ceramic Adventures
Works of Don Smith, SM

**Gallery Hours: 12-4 p.m. Wednesday-Saturday
or by appointment: 937-320-5405**

Location: Mount Saint John
4400 Shakertown Road, Dayton, OH 45430

Ber gAmO pr Ogr Am CAI endAr

mAr Ch 2005 - August 2005

sAt ur dAy, mAr Ch 12, 2005

Bridging the Gap Between Loss & Living

Sue Terbay, Barb Kozlowski

9 a.m. - Noon.

\$25

The journey of life encompasses beginnings and endings. From the time we are born we are challenged and face loss. How we face and embrace loss is our journey and we can build bridges to help cross the deep crevice of loss and pain.

Sue Terbay is a seasoned writer and weekly columnist for catholicmom.com. She is a co-author of "Gifts," a book on death and dying, published by New Horizon Press, 1997. Sue worked for Hospice of Dayton for 13 years where she had direct consultation with families. She is currently employed by the Catholic Schools Office for the Archdiocese of Cincinnati.

Barb Kozlowski is the Bergamo program director and a certified pastoral counselor.

sAt ur dAy, Apr Il 9, 2005

Separated & Divorced Enrichment Day

Team Lead in collaboration with the Archdiocese of Cincinnati Family Life Office

Keynote Address by Dr. Dennis O'Grady

9:30 a.m. - 4 p.m.

\$25 (includes lunch)

A beneficial workshop open to anyone having gone through a divorce or separation. Keynote address will focus on positive tools to coping with anger and learning to love again. Breakout sessions will explore the annulment process, maintaining a sense of humor, adult children of divorce and spirituality in relationships. (See page 5 for further information)

WednesdAy Apr Il 27, 2005

Secretaries' Morning Enrichment Day

Mary Ehret

9 a.m. - Noon

\$30 (includes lunch)

An inspirational morning of relaxation and fun for all secretaries and administrative assistants in the workplace. Take a morning to escape the phone, interruptions and stresses associated with the normal day to day office operations. Door prizes will be awarded.

Mary Ehret is the Associate Director of the Archdiocese of Cincinnati Family Life Office.

mAy 25- 27, 2005

Religious Communities Today:

A Call for Collaborative Ministry

Bro. Loughlin Sofield, S.T.

4:30 p.m. Wed., May 25-5:30 p.m., Fri., May 27, 2005

\$275 (Single)

\$250/person (Double)

\$350 (Extended Stay Package through Friday evening)

\$200 Commuter

Religious congregations today retain the same mission they've kept for years, however, today's members are generally older and fewer. The challenge is to employ new methods for mission by fostering collaborative ministry. Collaboration is based on the belief that every member of a congregation is endowed with certain unique gifts and called by God to a specific community. Increased collaboration between and among congregations is also called for during this present age. Today, congregational leaders are called to lead in a new way. Formation directors are asked to form new members for ministry who are significantly different from past religious ministry. Religious are called to be animators, not just "doers" of ministry. This workshop will explore practical ways for improving collaboration and maximizing the giftedness of each member.

Loughlin Sofield, S.T., is a Missionary Servant of the Most Holy Trinity. He served as Director of the Missionary Servant Center for Collaborative Ministry, Director of the Washington Archdiocesan Consultation and Counseling Center and Assistant Director of the Center for Religious and Psychiatry, Washington D.C. Bro. Loughlan is Senior Editor of *Human Development* magazine. He writes numerous articles on ministry and is the co-author of many books. His most recent works include: Uniting Our Gifts in Ministry, 2001 Winner of the Catholic Press Association, Building Community: Christian, Caring, Vital, 1999 Winner of Catholic Press Association, and Design for Wholeness, Ave Maria Press.

Bro. Loughlan was a member of the Advisory Board of the National Conference of Catholic Bishops' Committee on Laity, Family, Women and Youth. He also served on the faculty or lectured at the Washington Theological Union, Georgetown University, University of San Francisco, The Catholic University of Louvain and Notre Dame University. Currently, he conducts programs of clergy education and consultation to dioceses.

A 100k Ahead

August 5-7, 2005

Marianist Family Retreat

August 11-13, 2005

RCIA in the Parish



TO REGISTER: Detach the form below and mail to Registration Coordinator, 4400 Shakertown Road, Dayton, OH 45430-1075. Registration deadlines are generally one week before the program unless otherwise noted in the program description. ***Full payment must accompany registration.*** Registration is not confirmed until payment is received.

CANCELLATIONS & REFUNDS: No refunds will be made for cancellation after a deadline. Cancellation prior to a deadline will be assessed a service charge based on the program fee. In the event Bergamo cancels a program, participants will receive a full refund.

sign me up!

Name _____

Address _____

City/State/Zip _____ Phone () _____

Program Name _____ Program Date _____

Amount enclosed \$ _____ Check _____ Visa _____ MC _____

Credit Card Number _____ / _____ / _____ Exp. Date _____ / _____

Name on Card _____ Signature _____

Separated and Divorced Day of Enrichment

in collaboration with
the Archdiocese of Cincinnati
Family Life Office



Saturday April 9, 2005
9:30 a.m. - 4 p.m.
\$25

Keynote Address
"Positive Tools to Coping with Anger"
by Dr. Dennis O'Grady

Breakout Session Topics (Choice of Two)

Maintaining a Sense of Humor
with Ken Ridenour

OR

**Divorce the Next Generation
Adult Children of Divorce**
with Judy Moehl, M.A., LPCC

The Annulment Process
with Mary Ehret & Jean Borgert

OR

Spiritual Focus on Relationships
with Charles Ginn, Ph. D.

Register now for a day intended to ease the hurt, loneliness and anger that surface during a divorce or separation. This workshop is ideal for anyone who is either recently divorced, going through the process now, or who has been separated for several years.

To register, please call Chris Bryte, Registration Coordinator at (937) 426-2363.
Registration deadline is April 4, 2005.



4400 Shakertown Road
Dayton, OH 45430-1075
(937) 426-2363

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BERGAMO CENTER

Mount Saint John



A Spacious and Peaceful Comprehensive
Facility Offering Hassle-Free Conferences
and Retreats while Fostering Spiritual Engagement
at a Reasonable Price.