



Drugs and Alcohol Meeting

Nametags and Small group division
7:00 Introduction and Prayer

Andy
Kara

Confidentiality, no gossip, don't mention names, what happens in small group stays in small group

Dear God,

How can I tell what is right for me? Decisions are tough for me. Life is confusing. Many little things become intensified when it comes to making decisions.

I'm often afraid that I will make the wrong decision, and it will come back to haunt me sometime in the future. In today's world every decision needs to be made carefully. One wrong choice could change the whole direction of my life.

I pray to you, God, to help me in making these decisions and to guide me through life. The path I take will be determined by these decisions, but hopefully with your guidance I will stay close to you.

7:05 Icebreaker -Heaven and Earth

Nick

One end of hallway is heaven, the other is earth. Nick stands in the middle and calls out different instructions.

Earth, Heaven, Trinity, Four Gospels, 12 Apostles, Holy Family(2 males, one female), Lazarus (dead on floor), Noah's Ark (pairs and make animal noises)

People are running in a general direction and then are called to form different sized groups and do different kinds of things. It is a kind of elimination game, if you are not in a group, you're out. Great energizer for a large group.

While icebreaker is going on, people giving testimonials set up chapel with dim lights, candles and quiet.

7:15 Testimonials- Andy, Jenn, Lauren, Nick and Clayton

7:45 Small groups- see if members of small group have something to share and then use questions as time allows

1. Have you ever had a friend that was drinking or doing drugs and it affected your friendship?
2. Do you think that people who are underage drinkers or drug users understand how their usage affects others?
3. Are you the kid that accepts peer pressure and has a drink or do you choose **not** to drink?
4. How could drugs and alcohol mess up future opportunities and goals?
5. How far do you think you'll get in college if you keep drinking all the time during college?
6. How could you help a friend that is involved with drugs and/or alcohol?
7. Is it different if you are close to the person either as a friend or relative or is it easier to deal with if you don't really know the person?
8. Why would God not want us to do drugs?

Return to chapel

5 minute water break to regroup and then return to chapel (time permitting)

8:15 Reflections, how does God fit into this?

Danielle and Kara

Make a values commitment to yourself. Write a letter to yourself.

Two songs - *Not the Same* and Celtic Women *The Voice*

8:30 Closing Prayer

Chance

Dear God,

Sometimes things seem unbearable. I know that you are always with me, but sometimes it is difficult to believe and to feel your presence. The Scriptures tell us that you know when we sit and when we stand. You are always with us. Your dwelling place is each of our bodies. Help me to remember that you are with me and in me, and in each of the people around me. If I know and believe this, I will never have to face my struggles alone.