

Green Tips brought to you by the Mount Saint John Green Team

You or someone you know off to college? Here are some tips for keeping college life green.

- 1) **Use compact fluorescent light bulbs.** When purchasing lamps for your dorm or apartment, be sure to buy fluorescent light bulbs. Start a trend. They cost more, but they last longer.
- 2) **Carry a water bottle.** Take a peek in the garbage cans on campus; they are usually overflowing with plastic bottles. If you are worried about the water on campus, buy large containers of water to use to refill your bottle.
- 3) **Use refillable binders instead of notebooks.** Saves paper! Or take all your notes electronically and save them on your computer. Fewer trips to the recycling bin.
- 4) **Use your printer wisely.** Copy on both sides of a piece of paper (most professors are okay with this). Check the settings and try to use the least amount of ink for the best looking results. Saves ink (and money).
- 5) **Use fewer or save paper napkins.** It is often more convenient to go to restaurants to grab a quick bite to eat. Try to limit the amount of paper napkins you use, or take the extra home for your own use.

Web Resources

- (http://meec.udayton.edu/MSJ_GreenTeam.asp)
- For more tips for college students go to: www.collegeuniversity.suite101.com.
- Go to <http://www.catholicsandclimatechange.org> to be part of the solution.

